

What are HLA injections?

Derived from the coxcomb of roosters, Hyluronic Acid (HLA), is a naturally occurring lubricant, deficient in arthritic knees. HLA injections restore the synovial fluid of the knee joint and reduce the pain associated with osteoarthritis (OA).

Assessing the cause of OA?

The Physicians at ROC have established a specific therapy program to enhance the benefits of the hyaluronic acid injections. The knee is one of the most arthritic joints in the body and one of the most understood reasonings behind this is poor stability and function of the other joints in the body. The body functions as a whole and not a single joint, therefor when treating the knee, the entire body needs to focus. Autonomic Neuro-Muscular Reflex Testing (ANMRT) is a new examination being performed at Romano Orthopedics we use to identify the root cause of an injury through a more systematic, neurological approach. It is important to note that ANMRT is not a strength test but a test of our ability to maintain posture and stability throughout the body.

Are you a candidate?

Pain in the knee walking Difficulty walking stairs Pain getting out of the chair Previous treatments have been ineffective

Hyaluronic Acid Injection Program



Our Treatment approach:

Hyaluronic acid injection into the knee Unique exercise established from the ANMRT testing Biodex balance therapy Vibration therapy



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